



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2015

Sporting Excellence in Karate

National Level

Oliver Trafford

This is to certify that Oliver Trafford has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Oliver competed at National Championships throughout England in 2015 winning the medals and titles listed below:-

Championship Success - 3 Gold 3 Silver 6 Bronze

Yorkshire Open Championships - 22nd February, Barnsley

Gold - Individual Kata

Bronze - Team Kata

Shindo Kai Junior Championships - 22nd March, Barnsley

Silver - Individual Kata

Bronze - Team Kumite

Shindo Kai Kata Championships - 28th June, Barnsley

Silver - Individual Kata

Bronze - Pairs Kata

East Yorkshire Open Championships - 27th September, Hull

Gold - Individual Kata

Silver - Team Kata

Bronze - Pairs Kata



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Shindo Kai National Championships - 15th November, Barnsley

Gold - Team Kumite

Bronze - Individual Kumite

Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2015. Well done Oliver.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



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